

Description	Function	Symptoms
No. 1 Calcium Fluoride 12X	Improve tissue elasticity	Cracks in skin, loss of elasticity, haemorrhoids, sluggish circulation, loose teeth
No. 2 Calcium Phosphate 6X	Aids normal growth and development, restores tone and strength, aids digestion, bone and teeth formation	Calcium support, growth in children, bone strengthening, bone fractures
No. 3 Ferrum Phosphate 12X (iron phosphate)	First aid, oxygen carrier, anti-inflammatory	Inflammation, first symptoms of cold and flu, sore throat, fever
No. 4 Kali Mur 6X (Potassium Chloride)	Cleanses and purifies blood, often used with No. 3 to for cold and flu support	Sluggish conditions, sore throat, glandular swelling, white coloured tongue, cough and cold
No. 5 Kali Phosphate 6X (Potassium Phosphate)	Food for the brain	Nervous headaches, depression, bad mood, tantrums, poor memory and attention
No. 6 Kali Sulph 6X (Potassium Sulphate)	Oxygen carrier, maintains hair, benefits perspiration and respiration	Inflammatory conditions, cough with yellow phlegm, mucous
No. 7 Magnesium Phosphate 6X	Anti-spasmodic, benefits the nervous system, helps ensure rhythmic movement of muscular tissue	Menstrual pains, stomach cramps, flatulence, infantile colic, headaches with darting stabs of pain, twitching, cramps, depressed, poor quality of sleep
No. 8 Nat Mur 6X (Sodium Chloride)	Water distributor, aids cell division and fluid balancing	Low spirits, headaches with constipation, heartburn, craving for salt and salty foods, runny nose, congestion
No. 9 Nat Phos 6X (Sodium Phosphate)	Acid neutralizer, aids in assimilation of fats and other nutrients	Stiffness and swelling of joints, acidic blood conditions (e.g. high sugar intake), gout, rheumatism, gastric reflux
No. 10 Nat Sulph 6X (Sodium Sulphate)	Eliminates excess fluid, helps dispel languid feelings during humid weather.	Influenza, digestive upsets, liver issues, constipation, diarrhea, dispel languid feelings experienced during humid weather
No. 11 Silica 12X	Cleanser and eliminator, restores activity of skin, hair, and nail	Brittle nails, weak hair, sty, tonsillitis
No. 12 Calcium Sulphate 6X	Blood purifier and healer that removes waste products from the blood	Pimples, abscesses, urinary tract infection